



How do I craft an Able Moms Gather Guide Contributor submission?

So you want moms all over the world in our local AMI communities to be impacted this year by watching your video and reading your devotion? Good! Your devotion will be emailed to our platform, posted on our website, and utilized by every Coordinator as a gathering template for her local community. Your “companion video”, an 8-12 minute visual and a more elaborate explanation of your written word, is also played at that mom-gathering. Moms everywhere will hear what God’s given you to share!

First, Contributors’ guidelines are below. If your submission is selected, you will be notified by our team shortly after your submission. So: **if in agreement:**

- 1. please make a copy of this document and rename**
- 2. sign electronically, and**
- 3. return your copy to info@ablemoms.org as a PDF.**

Lastly, while you will send in a 1-2 minute recording sample of yourself sharing a part of your devotion’s message, the final recording, if chosen, will be done by AMI’s professional videographer at our upcoming Mom Comm. **(So, your attendance at Mom Comm is a must if you are chosen...something to consider.)**

If moms need your message, and God is prompting you to share, let us help you.

Before we share the submission guidelines, below is a visual example of the **devotional only**. There are seven additional questions you will need to answer to be considered.

****Example Devotional****

Trusting Their Heart

Jayme Gradwell

Trust in the Lord with all your heart: do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take.

Proverbs 3:5-6 NIV

Waking up once again with a heavy heart full of sadness and fear, it was hard to believe my life was so different now. I no longer felt secure in my surroundings as I was embarrassed to expose myself in public with the assumption that everyone knew I was losing my home due to my husband's job loss. With all three of my children under eight years old, I had a hard time accepting the financial struggle and not being able to provide for their extra activities of dance, theater, and sports. But, even more troublesome was trying to put food on the table or knowing that uprooting the three of them was inevitably coming.

A friend invited me to a neighborhood moms and kids Valentine's Day party. I hesitantly agreed, knowing my fragile condition. It didn't take long before my phony mask of happiness began to transform into jealousy from their Pinterest perfect doorway. As I worked my way through the kitchen, my kids made a beeline to the garage following the other kids. Surface conversations flew through the air, until one lady began to expose what I was trying to conceal. She mentioned, "I heard you were moving?" Right then a flood of embarrassment and shame overwhelmed my soul. **It wasn't a choice to move, we were being forced to move, and my heart was breaking inside like the smile I was trying so hard to fake in front of my peers.** Within a split second, I felt a tap on my arm from my eight year old son. He had a beaming smile on his face as he gave me his etched artwork that he'd been working on since we arrived. It was a cut-out heart that had the scripture, "Trust in the Lord with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will show you what path to take." Proverbs 3:5-6

With immediacy my soul began to fill up with God's love and peace. Instead of wallowing in that self-pity and the superficial exterior, I immediately began to focus on what was eternal. God used my son as a messenger to show me He is trustworthy, and He not only knows my path but my children's as well.

Afterwards, I let my son know that God had used Him in a mighty way and he told me, "Mommy I thought God was telling me you needed that heart." You know, now that my children are much older, that moment was pivotal in a heart commitment I keep to this day. I always pray *with* my children, as God used that day to show me that He speaks to them too.

Let us moms be able to see God through the faces of our children as living vessels of His love and joy. They may have a word for us moms to transform our day as they are never too young to talk to God or hear from Him. **Sometimes we get lost in the vision of**

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circumstance and forget to trust God for His provision. The simple faith of our children can draw us back to our faith - childlike faith.

Thank you God for leading me to trust in your ways and not in my own understanding. You see the big picture of my life, as well as my children's. Let me see your path for me through my children's prayers and actions, Amen.

Connect with Jayme:

IG: example

FB: example

Podcast/Book: example

Email: example

Thank you, friend. We are grateful to promote you and your contribution to Able Moms everywhere. We are excited to work alongside you!

Your Six Steps:

1. Please include an editable Google Doc link here to your devo:

2. Please fill in the following 7 questions below:

1. What would you say is your Devo's **Summary Statement** or the Biblically accurate conclusion she should come to?
2. What singular main point, or **Unshakeable Takeaway**, do you want a mom to walk away with after reading your devo?
3. What two additional scripture references of **Supporting Scripture**, not main scripture already listed, really backs up what you are sharing? Please share the reference and **Bible version** only. Example: Psalm 43:1-19 NIV
4. How would you restate the **Unshakeable Takeaway** (above) in "kid version" so that children would comprehend this deep truth?

3. Please use these 10 Formatting Guidelines:

- Use Font: Arial 13 pt
- In the top left corner, include a 1-to-4 word catchy title that will be used as the email subject line (be creative)
- Below this and centered: Main Scripture Verse *in italics* to include

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the Bible version

- Including opening verse and closing prayer, your devo must be within 450-650 words (you can check this by using your 'tools' dropdown)
- Choose 3-5 pull-quotes or "sticky statements" within the devo by highlighting them in **bold**. (If they are *not* worded as stand alone statements, they will *not* be used. So that we promote you and your work on all AMI platforms, be sure the statements work alone and we suggest you rework them if they don't.) For example: *"God often touches what means the most because we think it needs Him the least."*
- Closing: just like your opening verse, center and *italicize* a two/three sentence prayer that reinforces your main point. (WRITE IN 1st PERSON as if the reader is talking personally to God - "Dear Jesus, I love that you meet my every need...")
- At the bottom, include in this order:
 - Your IG and FB handles AND
 - Any Resources
 - Your email address
- *If* you have chosen a specific picture vs. the stock one that we will choose, please include the png as an attachment.
- Use Google Docs and provide "FULL editing access to whomever has the link" which you then submit to our Curriculum Committee via our Collab tab > writing submissions form:
<https://forms.fillout.com/t/86S7XPJSUVus>

4. Editorial Guidelines:

- Know your work will also be run through our team of editors at Able Moms for grammar, flow, and format and is subject to change and potentially without your consent.
- All submissions must be original to AMI and not something you have previously used or plan to use.
- Drive your reader to action. It's great to start with an engaging story or head-knowledge, but make your conclusion the best part by leaving your reader with a tangible bridge to put your teaching into action. This is the best way to make your devo memorable.
- Lastly, when choosing a devo title, treat it like what it is – an email subject heading. Remember, this is your first shot at gripping a busy reader who is weeding through tons of emails. Get your writing read!

****Important**:**

1. We cannot post your devotionals without your permission. Please sign the attached consent form on the last page and include it with your online submission.

2. Please send a headshot (as professional as you are able)
3. Please send a brief bio
4. We cannot tag or promote you without being connected, so PLEASE be sure to:
 - a. FOLLOW/LIKE the general Able Moms page on FB
 - b. FOLLOW Able_Moms on IG
5. If you have been chosen from all the submissions we have received, we ask that you communicate this by displaying our Contributor insignia in at least one of these ways:
 - a. As a permanent highlight topic/thumbnail on IG
 - b. On your website
 - c. Within your email signature
 - d. In a permanent post
6. If you would like to be added to our devotional Contributor schedule for 2026, please indicate that in your response email. You would write no more than 1X per quarter.
7. Your submission guarantees Able Moms has permission to display and promote your work on the Able Moms International site and subsequent social channels. Additionally, some devotionals will be chosen to be included in our print materials*.

5. Recording at Mom Comm:

1. Solid colors and heavier makeup looks great on camera.
2. You will be resharing your devotional in expanded form and with personal inflection as if talking to the mom audience it will be played for.

6. Return the Attached Consent Form

And finally, we need your permission to use this :)
Only submissions with returned consent forms will be accepted.

Consent. I, _____ (“Contributor”), understand I have been selected as an Able Moms contributor and give full consent to release my intellectual property in the form of devotional or informative content to Able Moms, at my own discretion and without any promised remuneration.

I also agree that any written, printed, graphic, or electronically recorded materials furnished by myself as the Contributor to Able Moms is to be used at the discretion of Able Moms indefinitely, to include, but not limited to my biography, audio excerpts, professional photographs, content, etc.

I confirm my submission is original as its sole owner, therefore releasing and indemnifying Able Moms from any infringements I may or may not be aware of.

I understand the project guidelines and deadlines and maintain the burden to seek instruction when unclear.

I understand all submissions shall use the Chicago Style Manual.

I understand my submission will be proofread and professionally edited prior to release on Able Moms’ platform and consent to changes even when unnotified, waiving any claim to moral rights so long as my words are not misrepresented.

I grant Able Moms a perpetual, royalty-free license to use my content, with credit where possible, and acknowledge this permission cannot be revoked once submitted.

Delivery. I will deliver submissions ONLY via the Able Moms online Submission Form ensuring:

- Link sharing permission
- Editable and not “read only” permission

Any questions regarding submissions may be directed to caitlinh@ablemoms.org.

III. No Partnership. This Agreement does not create a partnership relationship between the Contributor and Able Moms, unless otherwise confirmed in writing.

IV. Governing Law. This Agreement shall be governed under the laws of the State of Texas, with venue for disputes in Smith County, Texas.

V. Credit. As we intend to “tag” your account and credit your work on our social channels, please follow or join us at:

Instagram: [@Able.Moms](https://www.instagram.com/Able.Moms)

Facebook Page: Able Moms

Contributor’s Signature _____

Date _____

Print Name _____